

Mission Statement

Ngwaagan Gamig Recovery Centre Inc. is dedicated to the cultural sensitivity of the Anishnaabe nations by promoting healthy lifestyles in the areas of prevention, treatment of addictions, and aftercare.

APPLICATION PROCEDURE

We review the following for suitability:

- Treatment Referral forms
- Pre-Admission Medical forms
- Standardized Assessment Tool

“Our common team goal at Ngwaagan Gamig is living a healthy life”.

Day Patient

For persons not able to be away from home

9:00–4:30, Monday to Friday
9:00 am requirement on weekends

Resident Patient

A four week stay within in the confines of our centre

Out-Patient

An Eight week program where you do the Steps at home and meet with a counselor 1 time per week.

Treatment

Program

Ngwaagan Gamig
Recovery Centre Inc.
P.O. Box 81
56 Pitawanakwat St.
Wikwemikong, ON
P0P 2J0

T: 705-859-2324

F: 705-859-2325

Toll Free 1-877-649-2242

www.ngwaagan.ca

VISION STATEMENT (Niigaan Naab Daa)

To empower individuals and families toward a healthy substance-free lifestyle through education, wellness and healing utilizing cultural holistic approaches, values and teachings.

“The program is Anishnaabe culturally based, utilization of the 12 Step AA model, and has life skills components”.

WHAT IS COVERED DURING THE 4 WEEK TREATMENT PROGRAM

Week 2 “Individual Program Plans”

- ✓ Daily Sharing Circles
- ✓ Anger Management
- ✓ Self-Esteem
- ✓ Steps 5 to 8
- ✓ Family Mapping
- ✓ Multi-Generational impacts
- ✓ Men & Women - Roles
- ✓ Boundaries
- ✓ Grief & Loss
- ✓ Craft Sessions
- ✓ Video Sessions
- ✓ AA Meetings

Week 1 “Self Assessment”

- ✓ Daily Sharing Circles
- ✓ Orientation of program
- ✓ Client intake
- ✓ Goal Setting
- ✓ Steps 1 to 4
- ✓ Group Building
- ✓ Craft sessions
- ✓ AA Meetings
- ✓ Video Sessions



Treatment Program Staff

- ✓ Traditional Teaching
- ✓ Video Sessions
- ✓ AA Meetings
- ✓ Individual Program Eval.
- ✓ Step 5
- ✓ Self Care
- ✓ Healthy Relationships
- ✓ Laughter & Play
- ✓ Dinner & Presentations
- ✓ Client Discharge

Community Information Sessions also included In the program

- Crack and Cocaine
- Prescription Drugs
- Marijuana
- Tobacco Cessation
- Gambling
- Drug and Alcohol and its effects

“WHAT TO EXPECT”

Classroom style sessions, writing, reflection, 12 Step work, uplifting experiences, meet new friends and may have generally a good feeling of self.

Week 3 “Problem Solving”

- ✓ Daily Sharing Circle
- ✓ FASD
- ✓ Self Esteem
- ✓ HIV/AIDS Awareness
- ✓ Traditional Teaching
- ✓ AA Meetings
- ✓ Craft Sessions
- ✓ Sweat Lodge
- ✓ Video Sessions
- ✓ Aftercare Planning
- ✓ Traditional Parenting
- ✓ Personal Wellness

Week 4 “Maintenance”

- ✓ Daily Sharing Circles
- ✓ Relaxation & Meditation
- ✓ Gambling Addiction